

Rules - COED

Spring 2023

(Divisions by grade: **Pre-K,K/1st-2nd/3rd-4th/5th-6th/7th-8th**)

1. High school rules will be in effect except as modified below.
2. Games will be 11 vs. 11 (changes with divisions see notes below). If needed it's ok to modify how many players on the field; there will be no forfeits. Officials and both teams' coaches must agree prior to the start of the game the number of players and game length. (Divisions by grade: PreK,K/1st2nd/3rd4th/5th6th/7th8th)
3. All kids present at the game shall play a minimum of half of the game unless injury, discipline, or other significant circumstances exist. Notification should be provided to league officials.
4. Off-sides is to be called at 3rd-4th grade level and up. 1st-2nd grade coaches are encouraged to teach offsides. **NO CHERRY PICKING.**
5. Each half will consist of 32 minutes running time (changes with divisions); with a 3 – 5 min halftime. No overtime needed if tied in regular season. Both coaches must agree on regular season OT. Tournament will have OT (shootout)
6. **Substitution Rule – substitutions may only be made during dead ball situations.** Example: Throw-ins, corner kicks, goal kicks, free kicks, or after a goal has been made. Referees need to be notified before you can make a substitution. Both teams may sub on any dead ball situation. *Goalkeepers do not have to be substituted. The same goalkeeper can play the entire game if coach so chooses.*
7. Goalkeepers should wear a different color shirt than either team playing.
8. Goal kicks will be taken from the small goalie box within 6 seconds. If the goalie carries the ball over the 2nd box line it is a hand-ball, and a free kick to the other team from the spot.
9. Slide tackling is **not** allowed. Even if it's a clean "legal" tackle there will be a foul called. Player will receive a verbal warning, and then if same player does it again, he/she will be ejected for the remainder of the game. If there is any **EXCESSIVE** tackle from behind, dangerous play, or tackle directly at the legs of an opponent the player will not receive a warning, they will be directly kicked out of the game. **Referees** will have **cards**. 1st is verbal warning. Yellow is a caution warning. 2 Yellows=**Red**. **Red=suspended**
10. Standings will be based on records. If it's too close then points. Win=2pts. Tie=1pt. Loss=0pts. At the end of the season the team with the most points will determine the League Champion. In case of a tie in the final standings the following will be used to determine the sole champion:1) head-to-head record, if still a tie 2) Goals Scored, if still a tie 3) Goals allowed.

11. Coaches and spectators must remain on the sidelines at all times, they are NOT allowed to stand on or at the goal lines and instruct their players (it is too much of a distraction). The only time coaches are allowed on the field of play is to tend to injured players. Spectators are to be at least **3 YARDS FROM SIDELINE**.
12. Coaches and spectators are reminded that the league is intended to be instructional and recreational. Please maintain good sportsmanship and enjoy the season.
13. **RUNNING UP THE SCORE**...will not be tolerated. Each player should only be allowed to score four goals; once they score the fourth goal the coach must either take the player out or put them in goalie or on defense. This rule only takes effect if the team has a 3-goal lead or greater. **Mercy Rule:** Game ends when a team goes up by 8 goals. Examples=8-0. 12-4 the 12th goal ends it.
14. No use of noise makers, megaphones, or any type of voice amplifier devices will be permitted at the fields.
15. Players must wear shin guards during practices and games. Shin guards must be covered at all times. **No Jewelry. No ballcaps. No sunglasses.** Must have **SOCCER** cleats. Can have sweatbands.
16. High School rules regarding suspensions for players and coaches will be in effect. At a minimum, suspension will include the remainder of that game plus the next full game. The League Director will consider each incident for additional action.
17. Officials have the authority to suspend a player, **without warning**, from the remainder of the game if swearing or the use of any vulgar language is heard during play.
18. All games will be played except under extreme weather. NB Rec. will notify all coaches if games are cancelled or postponed. If lightning flash is seen, 15 min delay in vehicles/indoors. If another flash then 15 mins starts over. It's up to coaches how long they want to wait or to reschedule.
19. No head-balls at any age.
20. **BOY/GIRL RULE - There must be a minimum of 4 girls on the field at all times per team. EXCEPTION – If the team only has 4 girls, then they must play 3. If they only have 3 then they must play 2, and so on.**

SPECIAL NOTES

1. **NO PARKING.** Note that "No Parking" signs have been posted along the white fences. Please do not park along the drive or on the lawn area by the fence. Use designated parking spaces marked in the lot. This will help keep it safe for kids entering and exiting the soccer fields.
2. **DIVISIONS** and sizes are specific to North Branch Rec Soccer and sometimes don't match up to other programs.
3. **PreK/ K;** ball size 3. Field size 75'X35'. Goal size 4'X4'. 4-5 players on field (depends on kids). coaches must both agree on goalie or no goalie. Game length-4qtrs. 4-5 min qtrs. 3-5min halftime (depends on kids) if both coaches agree can do 2-10 min halves. no refs, coaches are to encourage parents to help with out of bounds/ref. 2-3 practices per week for at least 30 mins each (weather permitting)
4. **1st-2nd;** ball size 4. Field size 40yds by 20yds. goal size 16'X6'. 8-9 players on field with a goalie. game length; 2- 20 min halves with 3-5 min halftime. 1-2 referees. 2-3 practices/week for at least 45min-hour each.
5. **3rd-4th;** ball size 4. Field size 60yds by 30yds. goal size 18'X6'. 9-10 players on field with a goalie. game length; 2-25 min halves with 3-5 min halftime. 2 referees. 2-3 practices/week for at least 45min-hour each
6. **5th-6th;** ball size 5. Field size 100yds by 50yds. goal size=H.S. goals. 9-11 players on the field (preferably 11) game length; 2-30 min halves with 3-5 min halftime. 2-3 referees. 2-3 practices/week for at least 45min-hour each
7. **7th-8th;** ball size 5. Field size=H.S. field. goal size = H.S. goals. 11 players. Game length at least 32 min halves 3-5min halftime. 3 referees. 2-3 practices/week for at least 45min-hour each